

“Same Data, Different Destiny”



Explanatory Style Quiz

Circle the answer that sounds most like you.

1. When something goes wrong...
 - A. I must have done something wrong.
 - B. Things like this happen sometimes.
 - C. People always mess things up for me.
2. When you fail or fall short...
 - A. I'll never get this right.
 - B. It's tough now, but I'll learn.
 - C. That's just how my life always goes.
3. When one thing goes wrong...
 - A. Everything is ruined.
 - B. This one area is hard, but other things are fine.
 - C. Why does everything happen to me?
4. When something good happens...
 - A. That was just luck.
 - B. God answered my prayer.
 - C. It won't last.
5. When someone criticizes you...
 - A. They must be right—I'm a failure.
 - B. Maybe there's something to learn.
 - C. They just don't like me.

How many B's did you circle? Give yourself **1 point for every “Balanced” or “Faith Lens” answer (B).**

4–5 Optimistic | 2–3 Mixed | 0–1 Negative

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